Mountain Weather Forecast

South Grampian and Southeast Highlands

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils
Forecast valid from 06:00 on Sunday 07 Aug 2022 until 23:59 on Monday 08 Aug 2022

Forecast Issued on Sunday 07 Aug 2022 at 03:59 by Met Office Aberdeen

Confidence: Medium.

Headline for Sunday 07 Aug 2022: Cloudy or bright. Patchy light rain possible. Windy.

Mountain weather hazards on Sunday 07 Aug 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales Low Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG			FOG	FOG	MIST
Fog	Cloudy	Sunny intervals	Fog	Fog	Mist
Precipitation probability					
30%	10%	<05%	40%	30%	20%

Forecast for Sunday 07 Aug 2022

Weather: A largely dry day with cloud breaking up through the morning to give some good sunny spells by midday. However, thicker cloud spreads east in the afternoon with perhaps a little patchy light rain and drizzle over western hills. Mainly dry in the evening with the cloud lifting and breaking.

Chance of cloud-free hill tops above 800m: 20% around Ben Lawers and the west rising to 80% over the Angus and Aberdeenshire hills.

Low Cloud and visibility: Occasional or extensive cloud, base 900 to 1200m in the east, and 600 to 900m in the west. Visibility mainly good or very good lower down, but poor or very poor at height, particularly in the west.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 07 Aug 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	46/53 W	32/38 W	26/34 W	25/32 W	25/31 W	27/34 W	24/31 W
900	30/36 W	25/31 W	23/30 W	20/27 W	20/26 W	18/25 W	14/21 W
600	23/36 W	21/32 W	18/28 W	15/24 W	16/25 W	14/25 W	13/22 W
300	11/24 W	15/27 W	10/21 W	10/20 W	11/21 W	8/18 W	5/14 W
Glen	11/25 W	8/17 W	12/21 W	10/18 W	9/17 W	7/16 W	4/11 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	7/1	7/1	9/5	9/5	8/4	7/2	6/2
900	9/5	9/5	12/8	11/8	11/8	9/6	8/5
600	11/7	13/9	15/12	14/11	13/10	12/9	10/8
300	14/12	16/13	19/17	17/15	16/15	14/13	12/11
Glen	15/13	18/16	20/17	19/17	18/17	15/14	12/12
Freezing Level*	2700m	2900m	2100m	2900m	3000m	2900m	3100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing further to add.

Forecast for Monday 08 Aug 2022
Weather: Mainly dry with the cloud beginning to lift and break overnight. Skies brightening with the cloud continuing to lift and break during daylight hours, occasional sunny spells developing. Feeling warm.

Maximum wind: West or Southwest 15 to 20mph.

Chance of cloud-free hill tops above 800m: 50% overnight and early morning, rising to 90% by the afternoon.

Low Cloud and visibility: Occasional or extensive cloud, base 600 to 900m in the west, overnight and early morning, lifting and breaking above the summits in the afternoon. Visibility mostly very good, but poor or very poor in any early summit cloud.

Temperature: **Glens:** Plus 13 Celsius rising to 21 Celsius
At 800m: Plus 8 Celsius rising to 13 Celsius
Freezing level: Above the summits.

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